

VALUE OF WELLNESS PLANS

	GROW \$99/mo 6mo= \$594	THRIVE \$199/mo 3mo= \$ 597	PROSPER \$299/mo 3mo= \$897
NP appt.	x1 \$175	x2 \$350	x3 \$525
Health coach	x3 \$135	x3 \$135	x6 \$270
Weekly webinar	x24 \$174	x12 \$87	x12 \$87
Weekly group meeting	x24 \$1440	x12 \$720	x12 \$720
Vagal stimulator use in office	-----	x6 \$60	x12 \$120
Supplement Discount Estimate	\$72	\$54	\$72
Totals (If purchased outside of plans)	\$1996	\$1406	\$1794
Plan savings	70%	58%	50%

Extra benefits w/ variable added value:

*Portal messaging w/ office (will be unlimited for all tiers, otherwise would be charged \$20 per health related question & med refill requests)

*Specialty lab tests ie. stool kits, saliva/urine hormone kits available at Julian Healthcare wholesale cost

*Affiliate discounts w/ trusted businesses

*Getting access to providers who care to listen to you and who stay up to date w/ current research/education

Notes:

- * Webinar value based on the introductory price of \$29/mo offered to public/non-JulianHealthcare patients
- * Group meetings based on \$60 fee/30 min meeting which would be a typical charge (health insurance reimbursement rate for a 30 min 1:1 medical appointment= \$126)
- * Supplement discount calculated on the average patient transaction amount.